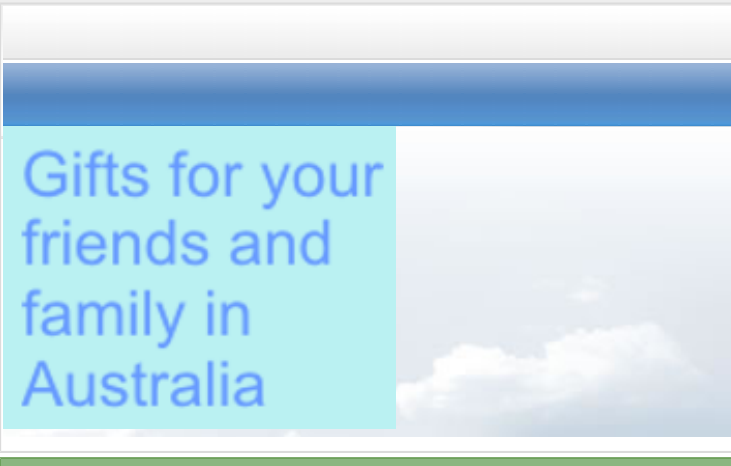




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Lousie Hay  
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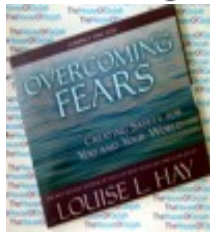
RECENTLY DUBBED "the closest thing to a living saint" by the Australian media, Louise L. Hay is also known as one of the founders of the self-help movement. Her first book, *Heal Your Body*, was published in 1976, long before it was fashionable to discuss the connection between the mind and body. Revised and expanded in 1988, this best-selling book introduced Louise's concepts to people in 33 different countries and has been translated into 25 languages throughout the world

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- [L Fears Hay Overcoming CD Louise](#)

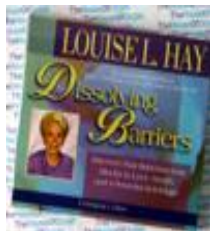
## Overcoming Fears - Louise L. Hay - Audio Book CD



Overcoming Fears by Louise L. Hay Creating Safety for you and your world View all our Lousie Hay AudioBooks click here Overcoming Fears - Louise L. Hay - Audio Book CD Brand New (still shrink wrapped): 1 CDs On this CD best-selling author and lecturer Louise L. Hay helps you overcome fears through the positive strength of mediation and affirmations. By listening you can change your negative thought patterns into healthy positive ones. Louise's meditation visualizes a world where it's safe to grow and love each other without fear. She stresses the importance of loving your inner child and her vision of the world as a secure loving place will help give you the confidence and power [more details.....](#)

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## Dissolving Barriers - Louise L. Hay - Audio Book CD



Dissolving Barriers by Louise L. Hay Discover your subconscious Blocks to Love Health and a Powerful Self-Image View all our Lousie Hay AudioBooks click here Dissolving Barriers - Louise L. Hay - Audio Book CD Brand New (still shrink wrapped): 1 CDs best-selling author Louise L. Hay explains how we can dissolve the barriers that prevent us from having happy lasting relationships and from being healthy and successful. She explains how fear guilt resentment criticism and other negative forms of programming from the past can be changed into opportunities for positive growth and change. Louise L. hay will explain how to use imagery for personal power and healing. About the Author Louise Hay RECEN [more here.....](#)

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## Forgiveness Loving the Inner Child - Louise L. Hay - Audio Book CD

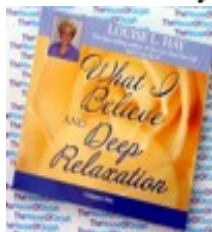


Forgiveness/ Loving the Inner Child by Louise L. Hay Visualization Exercises for releasing negative feelings and maximizing your true inner potential View all our Lousie Hay AudioBooks click here Forgiveness/Loving the Inner Child - Louise L. Hay - Audio Book CD Brand New (still shrink wrapped): 1 CDs Through the visualization techniques on this audio program Louise L. Hay creates a safe atmosphere so that you can forgive others and love the child within you. Your inner childs depends on you for the love and approval that you may not have received when you were a child. Going within and learning to love and comfort that inner child will bring many wonderful changes to the quality of your lif [more here.....](#)

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## What I believe and Deep Relaxation

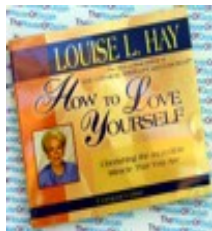
- Louise L. Hay - Audio Book CD



What I Believe and Deep Relaxation by Louise L. Hay How we can switch our thinking patterns to ones of love and success View all our Lousie Hay AudioBooks click here What I Believe and Deep Relaxation - Louise L. Hay - Audio Book CD Brand New (still shrink wrapped): 1 CDs This audio combination expresses Louise's basic philosophy of how we create our own experiences and offers affirmations for relaxation. This deeply relaxing meditation gently calms every part of our bodies and is ideal for those who are having difficulty falling asleep. About the Author Louise Hay RECENTLY DUBBED "the closest thing to a living saint" by the Australian media Louise L. Hay is also known as one of the founders [more information.....](#)

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## How to Love Yourself - Louise Hay - Audio book CD

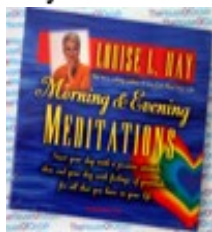


How to Love Yourself Louise L. Hay - Audio Book CD View all our Lousie Hay AudioBooks click here Get Other Meditation Mindfulness and Self-Help Audio Books click here How to Love Yourself - Louise Hay - Audio Book CD Brand New (still shrink wrapped) 1 CD On this CD program Louise L. Hay guides you through each of her ten steps to loving yourself. She discusses the concept of criticism the power of meditation being willing to change what you believe and deserve and much more. These ten steps are perfect for you if you're looking for more realistic practical ways to feel good about yourself. Louise closes the lecture with a beautiful and empowering meditation. The audio guides you through each [click here.....](#)

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## Self-Esteem Affirmations - Louise L. Hay - Audio Book CD



Self-Esteem Affirmations by Louise L. Hay Motivational Affirmations for building confidence and recognizing self-worth View all our Lousie Hay AudioBooks click here Self-Esteem Affirmations - Louise L. Hay - Audio Book CD Brand New (still shrink wrapped): 1 CDs Part of the Subliminal Mastery Series this program includes powerful audible and subliminal affirmations to help you create positive changes in your life. With motivational affirmations for building confidence and recognizing self-worth. Includes Music by Jerry Florence and Brain Wave Technology by Dr. Jeffrey Thompson. About the Author Louise Hay RECENTLY DUBBED "the closest thing to a living saint" by the Australian media Louise L. [click here.....](#)

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## Meditations for Personal Healing - Louise L. Hay - Audio Book CD



Meditations for Personal Healing by Louise L. Hay 13 Meditations Read by Louise Hay View all our Lousie Hay AudioBooks click here Mediations for Personal Healing - Louise L. Hay - Audio Book CD Brand New (still shrink wrapped): 1 CDs Inspiring and relaxing these 13 meditations read by Louise L. Hay will remind you of the beauty that surrounds you every day of your life...a beauty that is sometimes taken for granted. The meditations included are: Your Healing Light Receiving Prosperity Welcome the Child Love Is Healing We Are Free to Be Ourselves A Circle of Love Touching Your Inner Child Your Deserve Love A New Decase Spirit Am I A World That Is Safe The Light Has Come and Feel Your Power. A [click here.....](#)

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## Receiving Prosperity - Louise L. Hay - Audio Book CD



Receiving Prosperity by Louise L. Hay How to Attract Wealth Success and Love into Your Life View all our Lousie Hay AudioBooks click here Receiving Prosperity - Louise L. Hay - Audio Book CD Brand New (still shrink wrapped): 1 CDs Louise explains how you can use the power of your thoughts to draw anything you want into your life. Learn how to attract wealth success and love into your life today! About the Author Louise Hay RECENTLY DUBBED "the closest thing to a living saint" by the Australian media Louise L. Hay is also known as one of the founders of the self-help movement. Her first book Heal Your Body was published in 1976 long before it was

fashionable to discuss the connection between [more information.....](#)

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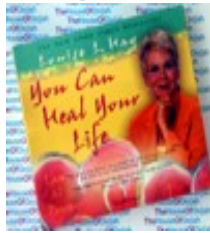
## Stress-Free - Louise L. Hay - Audio Book CD - Subliminal



Stress-Free by Louise L. Hay Peaceful Affirmations to relieve anxiety and help you relax - subliminal View all our Louise Hay Audio Books on CD click here Stress-Free - Louise L. Hay - Audio Book CD Brand New (still shrink wrapped): 1 CDs Part of the Subliminal Mastery Series this CD includes powerful audible and subliminal affirmations to help you create positive changes in your life. With peaceful affirmations to relieve anxiety and help you relax. Includes Music by Jerry Florence and Brain Wave Technology by Dr. Jeffrey Thompson. This CD contains a series of positive affirmations created and narrated by Louise L. Hay. Affirmations are like seeds. It takes time for them to germinate take r [more details.....](#)

■ .! L Heal

## You Can Heal Your Life - Louise L. Hay - Audio Book CD



You can heal your Life by Louise L. Hay View all our Louise Hay AudioBooks click here You can heal your life - Louise L. Hay - Audio Book CD Brand New (still shrink wrapped): 4 CDs Louise's key message in this powerful work is: "If we are willing to do the mental work almost anything can be healed." Louise explains how limiting beliefs and ideas are often the cause of illness and how you can change your thinking...and improve the quality of your life! . On this powerful audiobook Louise L. Hay the world-renowned author and metaphysical teacher narrates the text of her internationally acclaimed book of the same name. Louise shares her powerful firsthand experiences on t [more here.....](#)

■ .! Audio Louise healing Book

## Cancer - Louise L. Hay - Audio Book CD - Discover your healing power



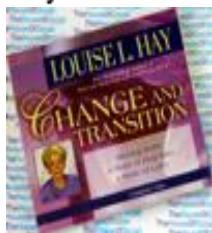
Cancer by Louise L. Hay Designed for people with cancer who would like to take an active part in assisting with their own healing View all our Louise Hay Audio Books on CD click here Cancer - Louise L. Hay - Audio Book CD Brand New (still shrink wrapped): 1 CDs Designed for people with cancer who would like to take an active part in assisting with their own healing. On the first part of this CD program which has helped many people shift their thinking patterns when used on a daily basis for 30 days Louise shows that forgiveness is the key to releasing negative emotions and resolving diseases

such as cancer. On the second part of the program Louise presents a loving visualization with soothing [extra info.....](#)

■ [.i L Book Hay Transition CD Change Louise](#)

## Change and Transition - Louise L.

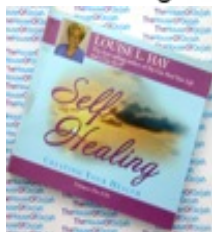
### Hay - Audio Book CD



Change and Transition by Louise L. Hay Moving from a State of fear to a State of Love View all our Lousie Hay AudioBooks [click here](#) Change and Transition - Louise L. Hay - Audio Book CD Brand New (still shrink wrapped): 1 CDs On this enlightening CD Louise L. Hay discusses the difficulties you may encounter when you're going through a period of "change and transition." She assures you that anything new that you're learning can take time to get accustomed to and that when you fall back into old patterns you must "build yourself up" instead of "beat yourself up." Louise closes the lecture with a beautiful and empowering meditation. About the Auth [more.....](#)

■ [.i Self Hay L CD Audio Louise Book Healing](#)

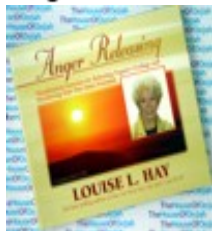
## Self Healing - Louise L. Hay - Audio Book CD



Self Healing by Louise L. Hay Creating Your Health View all our Lousie Hay AudioBooks [click here](#) Self-Healing - Louise L. Hay - Audio Book CD Brand New (still shrink wrapped): 1 CDs On the first part of this CD Louise discusses the causes of illness; why we create disease; and how to change false beliefs into positive loving ones. On the second part Louise presents an imagery meditation. Listen to it regularly to create wholeness vitality and a healthy body. About the Author Louise Hay RECENTLY DUBBED "the closest thing to a living saint" by the Australian media Louise L. Hay is also known as one of the founders of the self-help movement. Her first book Heal Your Body was published in 1976 I [more.....](#)

■ [.i Book](#)

## Anger Releasing - Louise L. Hay - Audio Book CD



Anger Releasing by Louise L. Hay Visualisation exercises for releasing negative feelings and maximizing your true inner potential View all our Lousie Hay AudioBooks [click here](#) Anger Releasing - Louise L. Hay - Audio Book CD Brand New (still shrink wrapped): 1 CDs On this CD Louise L. Hay creates a safe atmosphere to teach you how to move past our emotional barriers and dissolve your anger. "As you do this visualization exercise many angry feelings will come up—feelings directed at people you may not have known you were even angry at. This is a simply part of the process and it's perfectly okay." "Releasing anger will release pain and free you to experience a ric [find out more.....](#)

Through Louise's healing techniques and positive philosophy, millions have learned how to create more of what they want in their lives, including more wellness in their bodies, minds, and spirits. Her own personal philosophy was forged from her tormented upbringing. Her childhood was unstable and impoverished, and her teen years were marked by abuse. Louise ran away from home and ended up in New York City, where she became a model and married a prosperous businessman. Although it appeared that her life had turned around, it was not until the marriage ended 14 years later that her healing really began.

Louise started what would become her life's work in New York City in 1970. She attended meetings at the Church of Religious Science and began training in the ministerial program. She became a popular speaker at the church, and soon found herself counseling clients. This work quickly blossomed into a full-time career. After several years, Louise compiled a reference guide detailing the mental causes of physical ailments, and developed positive thought patterns for reversing illness and creating health. This compilation was the basis for *Heal Your Body*, also known affectionately as "the little blue book." She began traveling throughout the United States, lecturing and facilitating workshops on loving ourselves and healing our lives.

Louise was able to put her philosophies into practice when she was diagnosed with cancer. She considered the alternatives to surgery and drugs, and instead developed an intensive program of affirmations, visualization, nutritional cleansing, and psychotherapy. Within six months, she was completely healed of cancer.

In 1980, Louise moved back to her native Southern California, and it was here that she began putting her workshop methods on paper. In 1984, her new book, *You Can Heal Your Life*, was published. In it, Louise explains how our beliefs and ideas about ourselves are often the cause of our emotional problems and physical maladies and how, by using certain tools, we can change our thinking and our lives for the better.

*You Can Heal Your Life* reached the *New York Times* bestseller list and remained on it for 13 consecutive weeks. More than 35 million copies of *You Can Heal Your Life* have been sold throughout the world.

In 1985, Louise began her famous support group, "The Hayride," with six men diagnosed with AIDS. By 1988, the group had grown to a weekly gathering of 800 people and had moved to an auditorium in West Hollywood. Once again, Louise had started a movement of love and support long before people began to wear red ribbons in their lapels. It was during this time that she wrote *The AIDS Book: Creating a Positive Approach*, based on her experiences with this powerful group.

Louise now heads *Hay House*, a successful publishing company. What began as a small venture in the living room of her home has turned into a prosperous corporation that has sold millions of books and tapes worldwide. Hay House authors include many notables in the self-help movement, including *Wayne Dyer*, *Joan Borysenko*, and *Doreen Virtue*, among others. In addition, The Hay Foundation and the Louise L. Hay Charitable Fund are two non-profit organizations established by Louise that support many diverse organizations, including those dealing with AIDS, battered women, and other challenged individuals in our society.

Louise's healing message has been the subject of many newspapers and magazine articles. She has appeared on television around the world, and her monthly column, "Dear Louise," appears in more than 50 publications in the United States, Canada, Australia, Spain, and Argentina. At 81, Louise is proud to release her first-ever film on her life and work *You Can Heal Your Life: The Movie*. To watch the trailer visit [www.hayhouse.com](http://www.hayhouse.com).

[youcanhealyourlifemovie.com](http://youcanhealyourlifemovie.com).

When she's not traveling, Louise enjoys painting, gardening, and dancing at her home in San Diego, California.

*New South Wales (NSW) Queensland (Qld) Victoria (Vic) South Australia (SA) Western Australia (WA) Northern Territory (NT) Australian Capital Territory (ACT) Norfolk Island . Sydney Melbourne Brisbane Canberra Perth Adelaide Geelong Bendigo Albury-Wodonga Wollongong Central Coast Newcastle Port Macquarie Coffs Harbour Northern Rivers Gold Coast Toowoomba Sunshine Coast Wide Bay Capricorn Coast Mackay Townsville Cairns Hobart and Launceston Darwin.*

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